


	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00 AM	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	8:00 AM
8:15 AM						8:15 AM
8:30 AM						8:30 AM
8:45 AM	Drop off @ court 1 N	Drop off @ court 1 N	Drop off @ court 1 N	Drop off @ court 1 N	Drop off @ court 1 N	8:45 AM
9:00 AM	Camp games	Camp games	Camp games	Camp games	Camp games	9:00 AM
9:15 AM						9:15 AM
9:30 AM	Warm up	Warm up	Warm up	Rockwall Skills	Warm up	9:30 AM
9:45 AM	Run, jump, throw assessment	Wheelchair Bball	Weightlifting Skills		Ringette Skills	9:45 AM
10:00 AM						10:00 AM
10:15 AM	Snack	Snack	Snack	Snack	Snack	10:15 AM
10:30 AM						10:30 AM
10:45 AM	Changing	Changing	Changing	Changing	Changing	10:45 AM
11:00 AM						11:00 AM
11:15 AM	Swimming	Water Polo Skills	Swimming	Swimming	Swimming	11:15 AM
11:30 AM						11:30 AM
11:45 AM						11:45 AM
12:00 PM	Changing	Changing	Changing	Changing	Changing	12:00 PM
12:15 PM			Prep for Park			12:15 PM
12:30 PM	Lunch	Lunch	Travel to Park	Lunch	Lunch	12:30 PM
12:45 PM			Lunch			12:45 PM
1:00 PM	Camp games	Free time		Free time	Obstacle Course	1:00 PM
1:15 PM			Baseball Skills			1:15 PM
1:30 PM	Obstacle Course	Warm up		Warm up	Soccer Skills	1:30 PM
1:45 PM		Warm up	Baseball Game	Warm up		1:45 PM
2:00 PM	Warm up	Basketball Skills		Hockey Skills	Soccer Game	2:00 PM
2:15 PM			Playground Time			2:15 PM
2:30 PM	Balance Skills	Basketball Game		Hockey Game	Camp Wide Special Activity	2:30 PM
2:45 PM			Snack			2:45 PM
3:00 PM	Snack	Snack	Travel to VV	Snack		3:00 PM
3:15 PM						3:15 PM
3:30 PM	Circle Games	Circle Games	Circle Games	Circle Games	Snack	3:30 PM
3:45 PM	Pick up @ court 1 N	Pick up @ court 1 N	Pick up @ court 1 N	Pick up @ court 1 N	Pick up @ court 1 N	3:45 PM
4:00 PM						4:00 PM
4:15 PM	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	4:15 PM
4:30 PM						4:30 PM
4:45 PM						4:45 PM

Legend
 Highview Park