



A sport, fitness and life skills facility for people of all abilities.
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Flames - National Team

Registration Contract for the 2017-2018 season

REGISTRANT

First name _____ Last name _____

Address _____

City _____ Postal Code _____

Parent/Guardian Names : _____

Email Addresses: _____

Gender _____ * Date of Birth ____ / ____ / ____ Age at registration _____

Home Phone _____ Cell Phone _____

Home Phone #2 _____ Cell Phone #2 _____

Allergies _____

Health concerns _____

Membership No. _____

EMERGENCY CONTACT

Relationship _____

First name _____ Last name _____

Phone Number _____ Cell Number _____

* Prefer not to disclose

Chris Murdoch
Manager, Teams
cmurdoch@varietyvillage.on.ca
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Flames Team Registration National Team September 2017—August 2018

Training Program (fees do not include HST)			
National Schedule	Fees	Amount	
Monday, Tuesday and Thursday 4:30—6:30pm Wednesday 6:00—7:30 am Sunday 8—10:00 am	Training Fees Fun raising Activity Fees Competition/Meet Fees	\$1690 \$100 \$800	
PAYMENT OPTIONS			
FULL Payment by Wednesday, August 30, 2017			
Deposit and two post dated payments submitted by Wednesday, August 30, 2017			
AMOUNT	August 30, 2017	October 1, 2017	December 1, 2017
\$2590	\$777.00	\$906.50	\$906.50

INCLUDED IN REGISTRATION	ADDITIONAL COSTS
<ul style="list-style-type: none"> • Coaching • Training Space— Pool& Deck 	<ul style="list-style-type: none"> • Uniforms • Athlete and Coach Travel + Accommodations

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Fee Terms and Conditions

- All Athletes must have a paid **annual** membership at Variety Village
- All athletes must submit their team fees in full prior to training
- There is no reimbursement of Team fees after one month of signing
- All athletes are required purchase their uniforms
- All athletes are required to cover the cost of their out of town travel/accommodation expenses

Swimmer Code of Conduct

Competitive swimming is an individual sport built within a team environment; therefore, it is important that athletes understand and follow the code of conduct in the pool, on deck, within the facility and sport community.

- Commitment to your training; all athletes are ready to train and focused on their development throughout the training season.
- Prepared; all athletes come with their required equipment– goggles, cap, competition cap, practice suit, fins, towel, water bottle, pull buoy and snorkel.
- Swimmers will arrive 10 minutes before the start of practice so that they are ready to begin on time.
- Respect; all athletes are respectful to self, teammates, coaches, volunteers, Variety Village staff and the Swim community at all times.
- Pursuit of Excellence; all athletes exert efforts to maintain high levels of training at practices and competitions.
- Practice; Swimmers are expected to commit to every practice in order to benefit from our seasonal training plans.
- The coaches understand that a practice will need to be missed on occasion but if a pattern of absence develops a meeting will be arranged to discuss a plan moving forward.
- If your swimmer is ill or unable to attend practice for any reason notify the coach prior to practice.
- Use of electronic communication devices is prohibited on deck during training sessions.
- ID card are worn when in Variety Village.
- Swimmers are required to shower prior to entering the pool.
- Variety Village rules are followed at all times when present in the building.
- Team functions (including swim meets) are attended unless ill or given prior permission to be absent by the head coach.
- Variety Village is an inclusive facility. Positive language and behavior is expected on deck at all times.





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Meet Commitments

- Swimmers are expected to compete at all qualifying meets unless ill or otherwise arranged.
- Swimmers will arrive early in order to be fully prepared for competition.
- Swimmers are expected to arrive 15 minutes prior to the start of meet warm up.
- The athletes are required to attend meets with proper team attire.
- During competitions parents not allowed on deck at any time unless they are a registered volunteer.
- Please promote and provide healthy nutritious snacks.
- Swimmers are required to adhere to all facility rules at the location of the hosted meet.

Code of Ethics: Coach

The Head Coach is directly responsible for the program. The Head Coach is an employee of Variety Village and as such follows the policies and procedures outlined by Variety Village. The coaches also abide by the Code of Ethics Principles and Ethical Standards as outlined by the Coaches of Canada.

- Physical safety and health of athlete
- Coaching responsibly
- Integrity in Relationships with others
- Respect of athletes
- Honoring Sport

Parent/Guardian Commitment

As a parent /guardian representing the Variety Village Flames Competitive Swim Team, it is important that you support your child in following the Code of Behaviour of the Athlete . With a focused training schedule, it is important that parents /guardians are able to ensure that the athlete arrives on time for practices and competitions. We encourage parents/guardians to observe practices by using the bleachers on the north side of the pool. Parent/guardian video taping of swim practices is not permitted for privacy reasons.

Other commitments include:

- Drop off and Pick swimmers under 12 years of age at the pool deck
- Communicate with the coaches prior to/following practices only.
- Please e mail coaches to arrange a meeting time.
- Commit to the length of the practice and send swimmers ready to train
- Support your child's commitment towards practice, competitions and team events.





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Injuries

Should an athlete sustain an injury either while training with Flames or outside of the operations and activities of the Flames, and that injury requires medical attention or ongoing physical therapy, it is a requirement that the injury be reported to the Head Coach. This must occur immediately upon learning of the injury. We require a medical doctor's note clearing the athlete to resume training and competition to ensure it is safe for them to do so.

In instances where the injury occurs while training or competing under Flames, the athlete and/or parent guardian are required to report the incident to the Head Coach immediately upon occurrence and an injury incident report shall be filled out to record the details. Concussions and return to play procedures are outlined at www.parachutecanada.org

Behaviour

Variety Village coaches work to create a positive training environment understanding that everyone is an individual, working at their own pace in a team setting. There are behaviours that we can not support including:

- Interrupting coaches or other swimmers
- Disrespect of any member of Variety Village, the Flames Team or any participating member of Swim Ontario
- Negative or rude comments directed at any member of the club, staff or general membership at Variety Village
- Unwelcome physical contact to another swimmer or coach
- Any form of bullying (verbal, physical or through electronic communication)
- Refusal to listen to instructions

If an athlete is to commit any of the above behaviours the result will be the following disciplinary actions;

- Continued inappropriate behaviours within a practice will result in the Parents being asked to pick up their athlete from the pool.
- After two practice removals, the athlete and parent will meet with the Head Coach to discuss strategies for improvement.
- Continued behaviour may result in a suspension for a period of time or an expulsion depending on the severity of the behaviour.

Conflict Resolution

Concerns or questions can be directed to your child's coach.

Issues that arise at Club meets can be charged with emotion due to the competitive nature of the event and environment. We respectfully ask that parents/guardian wait until the day after the meet before addressing the issue with the Head Coach

Process to follow:

Direct Coach

Flames Head Coach

Variety Village Management (VVAC Team Manager Chris Murdoch)





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Travel and Accommodation Fees

Local Competitions

Defined as:

Team travel and attending local competitions that does not include overnight accommodations.

Travel costs for local competitions

1) Athlete's Individual travel costs

It is the responsibility of the parents to organize the travel of their athlete to all local competitions. In order to reduce the athlete's individual travel cost; each family will make their own arrangements when attending local competitions.

2) Coach travel/parking and per diem

Each athlete attending the competition is responsible for the shared cost of the coach(es) travel, parking and per diem for all local meets

(There are no costs for accommodations at local competitions unless agreed by the coach/ athletes/parents in cases such as extreme weather conditions)

Regional Provincial/National/International Competitions

Travel and Accommodation of Athlete(s)

It is the responsibility of the parents to organize and cover the costs of their athlete(s) travel and accommodations.

Traveling as a team and renting a vehicle

Should the entire team choose to travel as a team and rent a vehicle, each athlete will collectively share the total cost of the rental and gas.

Should a portion of the team choose to travel as a team and rent a vehicle, each athlete will be responsible for a portion of up to ½ of the car rental. The entire team will share the second ½ of the cost of the rental under *Coach(es) travel cost*.

The athlete traveling as a team will cover a portion of ½ of the gas as part of their travel cost. The entire team will share the remaining ½ of the cost of the gas as part of the *Coach(es) travel cost*

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Accommodations

Accommodations for the Athlete

It is the responsibility of the parents to organize the accommodations for the athlete attending the competition.

Accommodations as a team

Should the entire team choose to stay at a hotel as a team, each athlete will collectively share the total cost of the team rooms. Each athlete will collectively share in the cost of the coach(es) accommodation(s). In the event that a parent volunteer is attending the meet to support the team on deck –all athletes will collectively share ½ of the cost of the volunteer’s portion of their accommodation.

Coach travel/parking and per diem

Each athlete attending the meet is responsible for the shared cost of the coach(es) travel (mileage allowance is \$0.51 per kilometre), parking and per diem for all meets.

Coach Accommodations

Each athlete attending the meet is responsible for the shared cost of the coach(es) accommodations at competition.

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Communication

The Club Coaches guide the program to the best of their ability. Should there be any concerns with a coach, student or a volunteer the procedure to follow is;

1. First speak to the coach concerned – if not satisfied
2. Speak to the Head Coach- if not satisfied
3. Contact Ms. Chris Murdoch – Manager for the Variety Village Athletic Club– 416-699-7167 ext.255
4. Contact Mr. Archie Allison – Director for the Variety Village Athletic Club 416 699 7167 ext. 236

Medical Release Form

The undersigned (Parent/Guardian(s)) hereby irrevocably appoint the Variety Village Athletic Club and its members and employees and my/our agent to authorize any necessary medical treatment for:

commencing from August 30, 2017 and ending August 31, 2018 while the swimmer is under the care and supervision of the club. The undersigned further releases the club and its members, volunteers, trustees, employees and agents from any liability for any damage or injury of any type cause to the Swimmer in connection with any dealings and associations with the Club including the authorization of necessary medical treatment as referred to herein. **Please note: Due to insurance requirements, all swimmers must be fully registered and payment received before he/she can participate in training.**

Print Name _____

Signature _____

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Consent and Waiver

“I recognize the risk of injury or potential health risk that may be involved in participation in the named membership, program, activity, event or volunteer opportunity, I hereby willingly assume such risk of injury or health risk for myself or for the named person(s) for whom I am in law responsible and assume full responsibility during and after my/their participation in the program, activity or event.”

“In consideration of the acceptance of my application and the permission to participate in the membership, program, activity, event or volunteer opportunity, I, for myself, my heirs, executors, administrators, successors and assigns, HEREBY RELEASE AND WAIVE, AND FOREVER DISCHARGE Variety – The Children’s Charity (Ontario), Variety Village, all other organizations, associations, companies associated with any of the programs offered by Variety Village, and their respective agents, employees, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns OF AND FROM ALL claims, demands, damages, costs and actions whatsoever and howsoever caused, arising or to arise by reason of my participation in the program, activity, event or any of its associated activities.”

“I also hereby give permission to Variety-The Children’s Charity (Ontario), Variety Village, and all other associated organizations, associations and companies for the unrestricted right to take, use and publish my photograph, image and likeness in publications, promotional materials, website, video broadcasts, and any other communication vehicles, including electronic forms, at their discretion. Further, Variety-The Children’s Charity, Variety Village and all other associated organizations, associations and companies shall have complete ownership of the photographs and images as they deem appropriate for purposes including, but not limited to, the promotion or illustration of their programs and activities. I release Variety-the Children’s Charity, Variety Village and all other associated organizations, associations and companies and all of their directors, officers, employees and agents from liability claims and costs of whatever kind occurring in connection with being photographed and/or video taped or from the use of the images obtained there from.”

“I also recognize that membership is a contract between myself and the named person(s) for whom I am in law responsible and Variety - The Children's Charity, Variety Village and all other associated organizations, associations and companies. I, for myself and for the named person(s) for whom I am in law responsible agree to pay the full term of the contract.”

I understand and agree to all of the above terms and conditions:

Print Name _____

Signature (Parent or Guardian if under 18) _____

Please note:

All information shared with Variety is treated with the strictest confidence in adherence with the Personal information Protection & Electronic Documents Act

Applicants may be requested to respond to inquiries from a representative of Variety Village

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This is to confirm that I have read and agree to follow the terms and conditions and the Code of Conduct outlined in this contract.

VVAC Team _____

Print Name _____

Signature _____

Signature (Parent or Guardian if under 18) _____

Date _____

OFFICE USE ONLY	
Date Received _____	Verified By _____

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Flames Important Dates 2017-2018

August

30th - Registration Night – Payment #1 due - Everyone

September

5th – First practice back - Everyone

22nd – No practice – team social - Everyone

29th – Parent meeting - Everyone

October

1st – Payment #2 due - everyone

8th – No practice – Thanksgiving - Everyone

9th – No practice – Thanksgiving - Everyone

21st – 23rd – Sprint Meet – Pickering - Everyone

21st – 28th – Tokyo 2020 Next Generation Camp – Qualifying

31st – Halloween – No Practice – Everyone

November

25th – 26th - York Invitational Swim Meet – Everyone

December

1st – Payment #3 due – Everyone

7th - Team Holiday Party- Everyone

14th – 17th – Can Am's – North Carolina - Qualifying

22nd – Last Practice - Everyone

January

8th – First practice back - Everyone

TBA-Pickering Swim Meet - Everyone

February

10th – Team Training Camp – Kingston – Everyone

11th – Kingston Big Chill Swim Meet

17th – 18th – Winter Festival Meet - Qualifying

18th & 19th – No practice – Family Weekend - Everyone

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Flames Important Dates 2017-2018

March

1st – 4th – Spring Provincials - Qualifying
11th – 18th – No Practice – March Break – Everyone
30th – No Practice – Good Friday – Everyone

April

1st – No Practice – Easter Sunday – Everyone
2nd – No Practice – Easter Monday - Everyone
5th – 8th – Canadian Swimming Championships – Montreal – Qualifying
8th – 9th – Pickering Rainbow Classic - Everyone
20th – Team Social - Everyone
21st – 28th - Tokyo 2020 Next Generation Camp – Qualifying

May

12th – 14th – NYAC Performance Meet – Everyone
21st – Victoria Day – No Practice

June

9th & 10th – Mayors Cup – Everyone
14th – VVAC Athletic Banquet – Everyone
15th – 17th – Summer Festival Meet - Qualifying
19th – Bring a friend night – Everyone
21st – Bring a friend night – Everyone
22nd – Last practice & Team Party – Everyone
28th – 1st – Summer Provincials – Qualifying

July

19th – 22nd – Canadian Trials – Edmonton – Qualifying

***Central Regionals TBA**

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