

	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00 AM	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	Early Hours @ court 1	8:00 AM
8:15 AM						8:15 AM
8:30 AM						8:30 AM
8:45 AM	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	8:45 AM
9:00 AM	Warm up	Warm up	Prep for Park	Warm up	Warm up	9:00 AM
9:15 AM			Travel to Park			9:15 AM
9:30 AM	Basketball Skills	Ringette Skills	Baseball Skills	Wheelchair Bball	Soccer Skills	9:30 AM
9:45 AM						9:45 AM
10:00 AM	Snack	Snack	Snack	Snack	Snack	10:00 AM
10:15 AM						10:15 AM
10:30 AM	Basketball Game	Ringette Game	Baseball Game	Wchair Bball Game	Soccer Game	10:30 AM
10:45 AM						10:45 AM
11:00 AM	Obstacle Course	Camp Games	Playground Time	Camp Games	Obstacle Course	11:00 AM
11:15 AM						11:15 AM
11:30 AM	Social Skills - Communication	Social Skills - Emotions	Lunch	Social Skills - Relationships	Changing	11:30 AM
11:45 AM						11:45 AM
12:00 PM	Lunch	Lunch	Yoga	Lunch	Swimming	12:00 PM
12:15 PM						
12:30 PM	Warm up	Warm up		Warm up		12:30 PM
12:45 PM	Chairfit	Zumba	Travel to VV	Cardio/weights	Changing	12:45 PM
1:00 PM			Obstacle Course		Lunch	1:00 PM
1:15 PM	Camp Games	Camp Games	Snack	Camp Games	Social Skills - Healthy living & Hygiene	1:15 PM
1:30 PM						1:30 PM
1:45 PM	Sensory Time	Sensory Time	Social Skills - Cooperation	Sensory Time	Nature Discovery	1:45 PM
2:00 PM						2:00 PM
2:15 PM	Changing	Changing	Changing	Changing		2:15 PM
2:30 PM						2:30 PM
2:45 PM	Swimming	Swimming	Aquafit	Swimming	Camp Wide Special Activity	2:45 PM
3:00 PM						3:00 PM
3:15 PM						3:15 PM
3:30 PM	Changing	Changing	Changing	Changing	Sensory Time	3:30 PM
3:45 PM	Pick up @ Alcove	Pick up @ Alcove	Pick up @ Alcove	Pick up @ Alcove	Pick up @ Alcove	3:45 PM
4:00 PM						4:00 PM
4:15 PM	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	After Hours @ court 1	4:15 PM
4:30 PM						4:30 PM
4:45 PM						4:45 PM

Legend
Highview Park