	Monday	Tuesday	Wednesday	Thursday	Friday	
12:45 PM	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	Drop off @ Alcove	12:45 PM
1:00 PM	Warm up	Warm up	Warm up	Warm up	Warm up	1:00 PM
1:15 PM	Camp Games	Camp Games	Camp Games	Camp Games	Camp Games	1:15 PM
1:30 PM						1:30 PM
1:45 PM	Sensory Time	Sensory Time	Sensory Time	Sensory Time	Obstacle Course	1:45 PM
2:00 PM					Sensory Time	2:00 PM
2:15 PM	Obstacle Course	Nature Discovery	Obstacle Course	Gardening		2:15 PM
2:30 PM					Camp Wide Special Activity	2:30 PM
2:45 PM	Basketball Skills	Soccer Skills	Ringette Skills	Wheelchair Basketball		2:45 PM
3:00 PM						3:00 PM
3:15 PM	Basketball Game	Soccer Game	Ringette Game	Wheelchair Bball Game		3:15 PM
3:30 PM	Snack	Snack	Snack	Snack	Snack	3:30 PM
3:45 PM						3:45 PM
4:00 PM	Changing	Changing	Changing	Changing	Changing	4:00 PM
4:15 PM	Swimming	Swimming	Swimming	Swimming	Swimming	4:15 PM
4:30 PM						4:30 PM
4:45 PM						4:45 PM
5:00 PM						5:00 PM
5:15 PM	Changing	Changing	Changing	Changing	Changing	5:15 PM
5:30 PM	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep	5:30 PM
5:45 PM						5:45 PM
6:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	6:00 PM
6:15 PM						6:15 PM
6:30 PM	Social Skills - Communication	Social Skills - Emotions	Social Skills - Cooperation	Social Skills - Relationships	Social Skills - Healthy Living & Hygiene	6:30 PM
6:45 PM						6:45 PM
7:00 PM	Warm up	Warm up	Warm up	Warm up	Karaoke	7:00 PM
7:15 PM	Chairfit	Zumba	Yoga	Cardio & Weights		7:15 PM
7:30 PM						7:30 PM
7:45 PM	Free time	Free time	Free time	Free time	Free time	7:45 PM
8:00 PM	Pick up @ LINKS	Pick up @ LINKS	Pick up @ LINKS	Pick up @ LINKS	Pick up @ LINKS	8:00 PM