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Variety Village Synchro Club

Athlete Information

First name _____ Last name _____

Address _____

City _____ Postal Code _____

Address #2 (If applicable) _____

City _____ Postal Code _____

Date of Birth dd / mm / yyyy Age on Dec. 31, 2018 _____

Home Phone _____

Allergies _____

Health concerns _____

Membership No. _____

Parent/Emergency Contact Information

Parent #1:

First name _____ Last name _____

Home Number _____ Cell Number _____

Email Address _____

Parent #2:

First name _____ Last name _____

Home Number _____ Cell Number _____

Email Address _____

Chris Murdoch
Manager, Teams
416-699-7167 ext 255
cmurdoch@varietyvillage.on.ca





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Code of Conduct: VVSC

**VVSC Code of conduct is based upon FOUR key principles:
RESPECT, COMMITMENT, CHARACTER & PURSUIT OF EXCELLENCE**

RESPECT for self, teammates, coaches, judges, officials, the competitive environment and synchro in general is paramount and is embodied in principles of commitment, character and pursuit of excellence.

COMMITMENT to training, to your coaches, to listening, to being on time and prepared to train and compete is a base expectation. The level of commitment intensifies as an athlete chooses to progress higher on the competitive scale.

CHARACTER of VVSC athletes is embodied in their individual support for all VVSC club members and a willingness to support, encourage and assist teammates and coaches in their pursuit of excellence. Character is demonstrated in an athlete's understanding that a focus on their own self-improvement is encouraged, as well as support for their teammates and coaches. Character is being humble in victory and gracious in defeat. Character is taking responsibility for one's own actions, efforts and results.

PURSUIT OF EXCELLENCE; it is not worth doing unless you are willing to do it well. When asked what made him think he could win eight gold medals, Michael Phelps responded....."if men/women did not get up each day with the goal of doing things better, then men/women would cease to evolve." VVSC club members embody this spirit and attitude in all that they do, and particularly in managing the TRIAD of family, school and synchro. Athletes are encouraged to pursue excellence in all of these areas to ensure that no one element weakens the TRIAD.

These are lofty ideals and a challenge to live up to, but success, current and future will be born out of a commitment to the VVSC Code. This Code of Conduct embodies the spirit of VVSC and is underpinned by the Club Rules and the Parent Commitment Document.

VVSC Club Rules

- Swimmers are required to arrive prepared for practice. This includes: bathing suit, cap, nose clip, goggles, running shoes, appropriate workout wear, and water bottle.
- Swimmers should arrive 10 minutes before the start of practice so that they are ready to begin on time.
- Swimmers are required participate with 100% effort in every area of practice unless an illness or injury prevents such effort.
- In all instructional situations, swimmers will actively listen with respect. Focus should always be on the coach when she is speaking and giving instructions.

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- Athletes are asked to keep bags neat and packed along the south edge of the pool deck. Nothing should be left in the change rooms.
- Athletes are asked to gather necessary equipment for practice and will put everything away at the end of practice.
- All teams will be required to assist with the lane rope set up and removal on various days as designated by coaches and/or VVAC Staff.
- Athletes over the age of 12 are asked to wait for parents or guardians to pick them up in the lobby of Variety Village. They are not to wait outside the premises.
- If your athlete is under 12 years of age they need to be walked into the Village and delivered to the coach. At the end of practice parents must be available to meet their child in the change room or on the pool deck. **Children under 12 must be supervised in the Village at all times.**
- In competition settings, athletes are required to arrive and leave in full uniform.
- Athletes are asked to be respectful to their peers, coaches, volunteers, parents, Variety Village members and Synchro community.
- Good sportsmanship is required at all times, whether an athlete is at practice or competition.
- Athletes are required to support their teammates and coaches, and will maintain an attitude that is in line with the VVSC Vision.
- In situations where athletes are under chaperone supervision they are required to be respectful and adhere to all direction and instruction given by the adults in charge. Additional documents regarding chaperoned events will be reviewed with athletes and parents before attending events.
- Use of electronic communication devices is prohibited on deck during training sessions and meets.

Injuries

Should an athlete sustain an injury either while training with VVSC or outside of the operations and activities of VVSC, and that injury requires medical attention or ongoing physical therapy, it is a requirement that the injury be reported to the Head Coach. This must occur immediately upon learning of the injury and the athlete shall be required to present a medical doctors note clearing the athlete to resume training and competition.

In instances where the injury occurs while training or competing under VVSC the athlete and/or parent guardian are required to report the incident to the Head Coach or Club Manager immediately upon occurrence and an injury incident report shall be filled out to record the details.

Concussion Return to Play protocol is followed at VVSC. Any athlete who has injured their head, either at practice or during another activity, must report this information to the Head Coach. Athletes must seek medical attention and follow the return to play protocol as outlined by Synchro Canada. Athletes must have a doctors note clearing the injury before they can resume training and competition.

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Conflict Resolution

Concerns or questions may be respectfully directed to your child's coach. She is familiar with club protocol and practice and is available to assist in assessing the concern and assisting in a strategy for resolution. She will work with you toward a solution and will assist in bringing the concern to the VVSC Head Coach should it be necessary.

Issues that arise at Club meets are often charged with emotion due to the competitive nature of the event and environment. We respectfully ask that parents wait until the day after the meet has been concluded before addressing that issue directly with a coach. The Head Coach will make herself available either directly at the meet or via e-mail should a parent wish to voice their concern sooner.

The hierarchy for escalation of issues is as follows:

Team Coach

VVSC Head Coach

Variety Village Management (VVAC Team Manager, Chris Murdoch)

In matters of conflict, the final authority is that of the Variety Village Staff. Solutions are easily attainable if the communication lines are readily accessed through the proper channels.

Behaviour

Variety Village Synchro Club and Variety Village staff will not tolerate the following behaviours:

- Interrupting coaches or other swimmers
- Disrespect of any member of Variety Village, the synchro club or any participating member of Synchro Ontario
- Negative or rude comments directed at any member of the club, staff or general membership at Variety Village
- Unwelcome physical contact to another swimmer or coach
- Any form of bullying (verbal, physical or through electronic communication)
- Refusal to listen to instructions
- Failure to adhere to trip rules, such as curfews and direction from chaperones and coaches.

If an athlete is to commit any of the above restricted behaviours the result will be the following disciplinary actions;

- Three strikes within one practice will lead to the athlete being asked to leave practice. Parents will be phoned and asked to come to the pool and pick up their athlete. The Coach will provide a follow up email to the parent/guardian outlining the behavior.

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- After two practice removals, the athlete and parent will meet with the team coach and head coach to discuss goals and strategies for improvement, failing which the issue may be elevated to Manager of VVAC Teams (Chris Murdoch).
- After three practice removals, the athlete, at the club's discretion, may be suspended for a period of time or asked to resign as a member of the Variety Village Synchro Club depending on the severity of the infraction.
- With respect to Club trips, failure to abide by all rules could result in expulsion from the club. If the transgression is serious VVSC reserves the right to request the designated parent or guardian to arrange to take their athlete home at their expense. This type of behavior presents a major legal and reputation risk to Variety Village, VVSC, Coaches, Chaperones and Parents alike.

While coaches will be monitoring these behaviors at the pool, we require athletes to follow the rules outside of the pool as well. Coaches will include Facebook, Twitter and email as a place in which behavior will be monitored. Parents or athletes within the club are asked to bring forward any "online" evidence that involves inappropriate behaviour of any VVSC swimmer. For more information, please see Variety Village Synchro Club's Social Media Policy for Athletes.

Please support the rules and vision of the Variety Village Synchro Club. We further ask that all athletes, parents and guardians respect the decisions and strategies used by the coaching staff to create unity and a respectful and competitive practice atmosphere.

Parents/Guardian Expectations

- Support your child in following the VVSC Code and Swimmer Responsibilities. Which includes: giving full consideration to the implications of the Code and your child's abilities to make such a commitment in light of all other demands on their time. As your child progresses in this competitive program the level of commitment, and therefore self-sacrifice increases significantly, and this should be considered carefully before making a choice on level.
- We operate in a competitive environment and we acknowledge that concerns and disputes will likely arise over the course of the season. Please commit to work through the Conflict Resolution approach set out in the VVSC Club Rules.
- Parents are invited to observe their child's team practice using the bleachers on the north side of the pool. While viewing we ask that you please refrain from videotaping and talking to your athlete during practice.
- Please inform the coach if you are going to be late for pick up as the coaches are scheduled in other areas of practice and will have to arrange supervision for your child.
- Never argue with, or publically criticize, the judges' and officials' decisions. Let your coach ask any necessary questions.

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- Never publicly criticize/question your child's coach. Parents are required to follow the Conflict Resolution approach and wait for a private meeting.
- Parents are asked not to approach coaches during training times or competition events unless it is an emergency. If a coach asks to speak to a parent during a training time, this will be the only time during practice when this will be allowed. If you need to speak to your coach, please send an email to set up a meeting. The coaches need to have their full attention on the athletes during the training hours and parents need to respect the coach's personal time before and after practice. Scheduled meetings and emails are the standard process.
- At the coach's discretion, in consultation with parents, and with sufficient notice, training schedules may be changed. Breaks may be given for rest and recovery, and/or athletes may be expected to train during long weekends, over Christmas and March Break, and any other time as deemed needed by the coach.

Meet Commitments

- Arrive early and assist your swimmer in being fully prepared to compete
- Support all other members of the Club. Parents are asked not speak in a negative way about any Variety Village Synchro Member or an athlete from any other Club.
- Positive attitudes at all times. Parents are asked not to speak in a negative way about VVSC. If a parent has an issue or concern with VVSC they are expected to bring it forward to the Head Coach.
- Please help athletes to reach the VVSC standards at competitions. This includes curfew, nutrition and club attire (full tracksuit, running shoes and hair in pony tail) as well as behaviour.
- Please promote and provide only healthy nutritious snacks.
- **During competitions parents are NOT allowed on pool deck at any time unless they are a registered volunteer. This can result in penalties or fines.**
- Help ensure that coach's instructions for times/scheduling is adhered to.
- Parents are asked not to speak to their athletes during the competition event. Athletes need to learn how to be independent and focused during routine and figure events. Parents can speak to their child after the event is completed.
- Meetings called should be attended. If you are unable to attend, it is your responsibility to get information. All information/commitment requests passed out, discussed, and agreed to at meetings will be adhered to.

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Practice Commitments

- Have your swimmer at the pool on time and prepared. If a swimmer is late or not prepared, it disrupts the entire team and negatively impacts on team goals and objectives.
- Unless your swimmer is very sick (fever/vomiting) she should attend practice, not necessarily swimming, but to be available to observe and learn new elements in the routine.
- If your swimmer is ill, or unable to attend for any reason, ensure you or your daughter informs the coach prior to practice.
- Participation in training is mandatory. Coaching staff may choose to allow swimmer to forgo certain training due to injury or a personal training plan. Absence from practice could result in being moved to a rotating position, or being asked to sit out of any particular meet.

Additional Costs/Waivers

VVSC athletes and parents or guardians are required to sign the standard waiver documents of VVSC, Synchro Ontario and Variety Village before being accepted into VVSC and before being eligible to train or compete.

Parents agree to purchase any mandatory uniforms, bathing suits, equipment etc. as required by the Club. Understanding that all fees (club and meet) and travel costs must be paid on time or your swimmer may not be allowed to participate in practice or competitions until outstanding balances are cleared. Synchro fees are non-refundable.

This is to confirm that I have read and agree to follow the terms and conditions and the Code of Conduct outlined in this contract.

Athlete Name _____ Athlete Signature _____

Parent/Guardian Name _____ Signature _____

Date: _____

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**Participant's Agreement for MINOR CHILD
to be signed by minor participant AND parent/guardian**

Name of Participant: _____ **Age (under 18)** _____ **CLUB:** _____

ALL SPORTS, INCLUDING SYNCHRONIZED SWIMMING, HAS ITS RISKS

I participate in the sport of synchronized swimming because it is physically and mentally challenging. In consideration of my participation in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to synchronized swimming. The risks and hazards of synchronized swimming include, but are not limited to:

- Injuries from executing strenuous and demanding physical techniques in synchronized swimming including boosts and lifts;
- Injuries from dryland training including weights, pilates, running, dance, bands, circus school and massage;
- Injuries from entering the water by either diving or jumping;
- Injuries from spending extended times in chlorinated water including bacterial infections and rashes;
- Injuries from collisions with the pool wall or pool bottom;
- Injuries from extended time underwater;
- Injuries from physical contact with other participants including spotters whose role is to enhance safety and learning;
- Injuries from strenuous cardiovascular workouts;
- Injuries from exerting and stretching various muscle groups; and
- Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities.

Furthermore, I am aware:

- That injuries sustained in synchronized swimming can be severe;
- That I may come into close contact with other participants, including the possibility of accidental and unexpected touching;
- That I may experience anxiety while challenging myself during the activities;
- That my risk of injury is reduced if I follow all rules adopted during training; and
- That my risk of injury increases as I become fatigued.

I AGREE TO BE RESPONSIBLE FOR MYSELF

I am participating voluntarily in these activities, events and programs. I agree that there are risks in synchronized swimming as described above. By participating voluntarily in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

If something happens to me, I release the organizers of responsibility for any claims, demands, actions and costs which might arise out of my participation. In this Agreement I understand "organizers" to mean: Synchro Swim Ontario, its directors, officers, members, employees, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of the facility, and representatives.

I ACKNOWLEDGE MAKING THIS AGREEMENT

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

Printed Name of Participant

Signature of Participant

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Date

CONSENT FOR EMERGENCY MEDICAL TREATMENT to be signed by the parent/guardian of a minor participant

I, _____, parent/legal guardian of _____, give permission to the officials and coaches of Synchro Swim Ontario to make decisions concerning medical care and treatment, and where necessary to authorize such care and treatment in emergency situations. I understand that the officials and coaches of Synchro Swim Ontario will make every reasonable effort, in the circumstances, to contact me regarding my child's/ward's medical status in the event an emergency arises. In the event that I cannot be reached in an emergency I hereby give my permission to the licensed physician, dentist, athletic therapist, nurse or other medical professional whose services might be required to provide medical care and treatment.

By signing here, I indicate that I have the understanding and capacity to communicate health care directives for my child/ward and that I am fully informed as to the contents of this document and understand the full import of this grant of powers to the officials and coaches of Synchro Swim Ontario.

Dated: _____, 20____

Parent/Guardian signature: _____



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Consent for Emergency Medical Treatment

I, _____, parent/legal guardian of _____, give permission to the officials and coaches of Synchro Swim Ontario to make decisions concerning medical care and treatment, and where necessary to authorize such care and treatment in emergency situations. I understand that the officials and coaches of Synchro Swim Ontario will make every reasonable effort, in the circumstances, to contact me regarding my child's/ward's medical status in the event an emergency arises. In the event that I cannot be reached in an emergency I hereby give my permission to the licensed physician, dentist, athletic therapist, nurse or other medical professional whose services might be required to provide medical care and treatment.

By signing here, I indicate that I have the understanding and capacity to communicate health care directives for my child/ward and that I am fully informed as to the contents of this document and understand the full importance of this grant of powers to the officials and coaches of Synchro Swim Ontario.

Date _____ Parent/Guardian signature _____



Agreement to Receive Electronic Communications

I, _____, agree to receive electronic communications from Synchro Swim Ontario and member clubs including the Variety Village Synchro Club. Electronic communications include schedules, coach updates, newsletters, promotions and program and event information that may contain information of a commercial nature. I understand that if I no longer wish to receive electronic communications from Synchro Swim Ontario or Variety Village Synchro Club I can withdraw my consent at any time.

Communications will be sent to the email address provided on page 1 of the 2017/2018 Registration Contract.

Signature of Parent/Guardian _____ Date _____

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PHOTOGRAPH AND INFORMATION PERMISSION

The undersigned authorizes Variety Village Synchro Club and Synchro Swim Ontario to permit photographers/ videographers employed or designated by Variety Village Synchro Club and Synchro Swim Ontario to take photographs and/or film/video footage of and to obtain quotations and information from the undersigned. Such photographs, film/video footage and recorded comments may be used for educational purposes, publications and/or broadcasts which may include but not limited to the following: newspapers, radio, television, staff newsletters, photographic displays, and publicly distributed publications such as annual reports, external newsletters, news releases, pamphlets, brochures, websites, flyers and promotional publications and the undersigned shall be entitled to no compensation as a result of such use from Variety Village Synchro Club or Synchro Swim Ontario.

Participant Name/Guardian (if athlete is under 18) _____

Signature _____

Home Address _____

Phone _____ Email _____

Date _____

Variety Village Medical Release Form

The undersigned (Parent/Guardian(s)) hereby irrevocably appoint the Variety Village Athletic Club and its members and employees and my/our agent to authorize any necessary medical treatment for, _____ from time to time throughout the period commencing September 1, 2017 and ending August 31, 2018 while the athlete is under the care and supervision of the club. The undersigned further releases the club and its members, volunteers, trustees, employees and agents from any liability for any damage or injury of any type in connection with any dealings and associations with the Club including the authorization of necessary medical treatment as referred to herein. These dealing and association with the Club would include, but not limited to, practice, competitions and trips, of which, may be outside the province.

Name (Guardian if athlete is under 18) _____

Signature (Guardian if athlete is under 18) _____

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Social Media Guidelines

Training and competing for the Variety Village Synchro Club is a privilege. Athletes and members of VVSC are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your club and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Facebook, Twitter, Instagram and other social media sites have increased in popularity globally, and are used by the majority of VVSC athletes in one form or another.

Athletes should be aware that third parties - - including the coaching staff, parents, Synchro Canada officials and even prospective employers- - could easily access your profiles and view all personal information. This includes all pictures, videos, comments and other posts. Inappropriate material found by third parties affects the perception of the athlete, her teammates, and ultimately the club as a whole. This can also be detrimental to a team's performance and perception, and negatively affect an athlete's future endeavors both inside and outside the pool.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another club; taunting comments aimed at an athlete, coach or team at another club and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).
- Information that is sensitive or personal in nature or is proprietary to VVSC, which is not public information (examples: tentative or future team schedules, athlete injuries, travel plans/itineraries or information).

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If an athlete's profile and its contents are found to be inappropriate in accordance with the above behaviors, she will be subject to the following penalties:

- Written warning
- A meeting with Team Coach and Head Coach
- A meeting with the Variety Village Athletic Club Director
- Penalties as determined by the coaching staff and the VVAC director, including but not limited to possible suspension from her team.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site – people may be looking to take advantage of athletes
- Consider how the above behaviors can be reflected in all applications.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as VVSC. Remember, always present a positive image and don't do anything that may embarrass yourself, the team, your family or the club.

By signing below you affirm that you understand the Variety Village Synchro Club's Social Media Policy and Guidelines for Athletes and the requirements that you must adhere to as a VVSC athlete. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that could include suspension from the club.

Athlete Name _____

Athlete Signature _____ Date _____

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Team Training Schedules

NOVICE

3 Hours—\$915.00

Tuesday 6:00-7:30pm

Thursday 6:00-7:30pm

8&UNDER

6 Hours—\$1,830.00

Tuesday 6:00-8:00

Friday 6:00-8:00

Saturday 10:00-12:00

10U

8 Hours—\$2,440.00

Tuesday 6:00-8:30pm

Friday 6:00-8:30pm

Saturday 9:00am-12:00pm

Registration Cost:

11-12

13 Hours—\$3,965.00

Tuesday 6:00-9:00pm

Thursday 6:00-9:00pm

Friday 6:00-9:00pm

Saturday 8:00am-12:00pm

13-15 PROVINCIAL

13.5 Hours—\$4,120.00

Tuesday 6:00-9:30pm

Thursday 6:00-9:30pm

Friday 6:00-9:30pm

Sunday 9:00am-12:00pm

13-15 FINA

15 Hours—\$4,730.00

Tuesday 5:30-9:30pm

Thursday 6:00-9:30pm

Friday 5:30-9:30pm

Sunday 9:00am-1:00pm

AWD

\$230.00 per hour of weekly training

*Schedule determined by athlete and
coach availability

MASTERS

2 Hours—\$455.00

Sunday 11:00am-1:00pm

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Additional Costs

Extra Routine Training

1 Hour Solo	\$1,150.00
1 Hour Duet	\$575.00
1 Hour Figures	\$950.00
30 Minutes Figures	\$475.00

Travel Costs

Novice	\$70.00
8 and Under	\$130.00
10 and Under	\$130.00
11-12 Age Group	\$130.00
13-15 Age Group	\$130.00
13-15 FINA	\$50.00 *Fees for Synchro Canada meets will be determined later*
AWD (competing provincially)	\$130.00

Uniform Costs

Item		Cost
Competition Suit	Novice	\$100.00
	8U/10U	\$260.00
	11-12/13-15AG	\$285.00
	13-15 FINA	\$300.00
	Extra Routines	\$310.00
Spacing/Practice Suit and 3 latex caps		\$100.00
VVSC Jacket		\$90.00
VVSC Bag		\$80.00
VVSC Parka		\$135.00
Latex Cap		\$6.00
Silicone Cap		\$12.00

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IMPORTANT DATES

Subject to Change

Thursday September 7 th	Registration Night, VVSC Cafeteria
Tuesday September 12 th and Thursday September 14 th	Whole Club Practices: Novice Athletes: 6:00-7:00pm Provincial Athletes: 6:00-8:00pm National Athletes: 6:00-9:30pm
Friday September 15 th – Sunday September 17 th	NO PRACTICE
Tuesday September 19 th	Regular Team Training Schedule Begins
Friday October 6 th - Sunday October 8 th	Thanksgiving Weekend NO PRACTICE
Tuesday October 10 th	Extra Routine/Extra Figures Start
Friday October 27 th	VVSC Annual Freaky Friday Halloween Party
Thursday December 21 st	VVSC Annual Winter Water Show
Friday Dec. 22 nd – Sunday Jan. 7 th	Holiday Break NO PRACTICE
Tuesday Jan. 2 nd – Friday Jan. 5 th	13-15 National Team Training Camp
Friday Feb. 16 th – Sunday Feb. 18 th	Family Day Weekend NO PRACTICE for Novice and Provincial Teams
Monday March 12 th – Sunday March 18 th	March Break NO PRACTICE for Novice and Provincial Teams
Sunday March 25 th – Sunday April 1 st	NO PRACTICE for 13-15N Team
Friday March 30 th – Sunday April 1 st	Easter Weekend NO PRACTICE
Tuesday June 12 th	VVSC End of Year BBQ
Thursday June 14 th	VVAC Banquet

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2017/2018 Competition Schedule

Updated as of August 2017

Meet	Date/Location	Teams Attending
Novice Skill Testing	December 2, 2017 Burlington	Novice
Waterloo Invitational	TBA Late January Laurier University, Waterloo	8U, 10U, 11-12, 13-15P
Lisa Alexander and Provincial Qualifier	January 18-21, 2018 Etobicoke Olympium	8U, 10U, 11-12, 13-15P, 13-15N
Lesley Taylor Provincial Championships	February 16-18, 2018 Etobicoke Olympium	13-15N
Central North Regionals	March 9-11, 2018 Laurentian University, Sudbury	8U, 10U, 11-12, 13-15P
National Qualifier	March 19-25, 2018 Calgary, Alberta	13-15N
Novice Regionals	April 14-15, 2018 Location TBA	Novice
Hilton Invitational	April 19-22, 2018 Etobicoke Olympium	8U, 10U, 11-12, 13-15P
Novice Championships	May 5-6, 2018 Etobicoke Olympium	Novice
Ontario Open Age Group Championships	May 22-27, 2018 Etobicoke Olympium	8U, 10U, 11-12, 13-15P
Espoir National Championships	May 29-June 3, 2018 Surrey, British Columbia	13-15N
Trilliums 12&Under Championships	June 8-10, 2018 Victor Davis Pool, Guelph	8U, 10U, 11-12

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