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# Senior Weightlifting Team

## Registration Contract for the 2018-2019 Season

### REGISTRANT INFORMATION

First Name:		Last Name:	
Date of Birth:		Age at Registration:	
<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Undisclosed			
Membership No.			

### CONTACT INFORMATION:

Address:	
City:	Postal Code:
Home Phone:	Cell Phone:
Email:	
Permission to contact you by email? <input type="checkbox"/> Yes <input type="checkbox"/> No	

### MEDICAL INFORMATION

Please check the appropriate box and answer the following questions:	Yes	No
Does the registrant have any health concerns that you would like us to be aware of? If yes, please specify.	<input type="checkbox"/>	<input type="checkbox"/>
Does the registrant have any allergies that you would like us to be aware of? If yes, please specify.	<input type="checkbox"/>	<input type="checkbox"/>
Does the candidate carry an epi-pen?	<input type="checkbox"/>	<input type="checkbox"/>

### EMERGENCY CONTACT INFORMATION

Contact Name	Relationship	Home Phone:
		Cell Phone:

**For any questions, please contact:**  
**Steve Bialowas, Manager, Teams**  
**416-699-7167**  
**[sbialowas@varietyvillage.on.ca](mailto:sbialowas@varietyvillage.on.ca)**





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## Senior Weightlifting Team Registration Fees

Training Program (fees do not include HST)		
Schedule	Fees	Amount
Mon. Wed. Fri. 5—8 pm Tuesday 6:30—9:30 pm Saturday 11:00 am—2 pm	Team Fees	\$600.00

PAYMENT OPTIONS		
Full Payment by September 29, 2018		
A deposit and one posted dated payment option		
AMOUNT	SEPTEMBER 29, 2018	NOVEMBER 24, 2018
\$600.00	\$300.00	\$300.00
* Prices do not include HST		

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## Terms and Conditions

- All Athletes must have a paid **annual** membership at Variety Village
- There is no reimbursement of Team fees after one month of signing/training. All athletes will register as a member of the OWA
- All athletes are required to cover their entry fees to local/regional competitions
- Athletes are required to cover their registration fees with Ontario Weightlifting Association
- All athletes are responsible to cover all of their out of town travel/accommodation expenses

## Code of Conduct: Athlete / Team

Variety Village is committed to providing a safe and positive training environment in which all athletes are treated with respect. At all times, athletes of Variety Village shall conduct themselves in a fair and responsible manner.

The consumption of alcohol and, or the use of banned substances are strictly forbidden during all V.V. sponsored events including practices, camps, and competitions hosted in Toronto, in Ontario, Canada or abroad. This also extends to events where players represent V.V. in any capacity (or role) and include the whole duration of any and all functions. Any knowledge of banned substances will be reported to the Canadian Centre for Ethics in Sport.

Our athletic environment, while competitive, must also be safe, positive and conducive to the development of self-esteem, achievement of goals, sportsmanship and fun. Weightlifting Members shall refrain from comments or behaviors, which are deemed disrespectful, offensive, abusive (verbal/physical), racist or sexist.

During the course of all Team related activities and events whether at home or away from home, members of the team shall avoid any and all behavior that brings the V.V. or the Sport of Weightlifting into disrepute.

As an athlete representing V.V. you have additional responsibilities that must be followed during the camps/clinics/tournaments and competitions in which you participate. This applies to arriving on time for all functions, as well as putting a positive effort forward in all practices and games. At all times members of the team must treat all coaches, officials and volunteers with the outmost respect.

Athletes must respect the property of others. This includes at the gym, hotel, residence, on the platform, and in the change-rooms. This also extends to travel (airports), transport vehicles and personal equipment.

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## Code of Conduct: Athlete / Team continued

Team members of the V.V. shall not engage in any activity, or behavior that interferes with a competition, with any athlete or official's preparation for competition, or with behaviors that endangers the safety of the team. Failure to comply with this code may result in disciplinary action. Such action may result in the member losing privileges that come with membership with the VVAC. This includes losing the opportunity to participate in V.V. sponsored events such as clinics, camps, tournaments and involvement with National Team functions. Based on the severity of the misconduct, disciplinary action could include a suspension, or permanent expulsion from the V.V. sponsored programs.

## Coach Code of Ethics/ Conduct

The Head Coach is directly responsible for the team and all the activities in which the team participates. The Head Coach is an employee of Variety Village and as such follows the policies and procedures outlined by V.V. The coaches also abide by the Code of Ethics and Conduct as outlined by the Coaches Association of Canada.

- Physical safety and health of athlete
- Coaching responsibly
- Integrity in Relationships with others
- Respect of athletes
- Honoring Sport

### During the function the Coaches shall:

- Show respect to everyone
- Encourage positive behavior at the hotel/venue/during travel/meals/practice
- Model the way
- Assume responsibility of monitoring athletes in every aspect of competition/clinics/practices/camps
- Monitor and intervene in any and all disagreements between any and all members of the team
- Be involved in the discipline process should it occur
- Trouble shoot where applicable
- Be aware that the Team is a co-ed Team – no male staff shall deal with an incident in isolation- two coaches
- are to be present at all times
- No coach shall meet with an athlete of the opposite sex in a private setting

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## **Injuries**

Should an athlete sustain an injury outside of the operations and activities of the team and that injury requires medical attention or ongoing physical therapy, it is a requirement that the injury be reported to the Head Coach. This must occur immediately upon learning of the injury. We require a medical doctor's note clearing the athlete to resume training and competition to ensure it is safe for them to do so.

In instances where the injury occurs while training or competing under the team, the athlete is required to report the incident to the Head Coach immediately upon occurrence and an injury/incident report shall be filled out to record the details. Concussions and return to play procedures are outlined at [www.parachutecanada.org](http://www.parachutecanada.org)

## **Behaviour**

Variety Village coaches work to create a positive training environment understanding that everyone is an individual, working at their own pace in a team setting. There are behaviours that we can not support including:

- Interrupting the coach or other team members during their training
- Disrespect of any member of Variety Village, the Team or any member of O.W.A.
- Negative or rude comments directed at any member of the club, staff or general membership at Variety Village
- Unwelcome physical contact to another athlete or coach
- Any form of bullying (verbal, physical on through electronic communication)
- Refusal to listen to instructions
- Use of and or distributing performance enhancement drug(s)

Should an athlete commit any of the above behaviours the result will be the following disciplinary actions;

- Continued inappropriate behaviours within a practice will result in the athlete being asked to leave the platform
- After two practice removals, the athlete will meet with the Head Coach to discuss strategies for improvement.
- Continued behaviour may result in a suspension for a period of time or an expulsion depending on the severity of the behaviour.  
(use and or distributing performance enhancement drugs will result In an expulsion)

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## HOSTED COMPETITIONS

The Club hosts competitions during the season with the venue used to cover the team budget We encourage team members to volunteer their time at these events when possible.

### Communication

The Club Coaches guide the program to the best of their ability. Should there be any concerns with a coach, student or a volunteer the procedure to follow is;

- 1 Speak to the Head Coach- if not satisfied
- 2 Manager for the Variety Village Athletic Club– 416-699-7167 ext.255

### Medical Release Form

The undersigned hereby irrevocably appoint the Variety Village Athletic Club and its members and employees and my/our agent to authorize any necessary medical treatment for:

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from time to time throughout the period commencing September 29, 2018 and ending August 31, 2019 while the athlete is under the care and supervision of the club. The undersigned further releases the club and its members, volunteers, trustees, employees and agents from any liability for any damage or injury of any type cause to the athlete in connection with any dealings and associations with the Club including the authorization of necessary medical treatment as referred to herein. **Please note: Due to insurance requirements, all athletes must be fully registered and payment received before they can participate in training.**

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

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**This is to confirm that I have read and agree to follow the terms and conditions and the Code of Conduct outlined in this contract.**

VVAC Team \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Signature (Parent or Guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_

OFFICE USE ONLY	
Date Received _____	Verified By _____

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## Consent and Waiver

"I recognize the risk of injury or potential health risk that may be involved in participation in the named membership, program, activity, event or volunteer opportunity, I hereby willingly assume such risk of injury or health risk for myself or for the named person(s) for whom I am in law responsible and assume full responsibility during and after my/their participation in the program, activity or event."

"In consideration of the acceptance of my application and the permission to participate in the membership, program, activity, event or volunteer opportunity, I, for myself, my heirs, executors, administrators, successors and assigns, HEREBY RELEASE AND WAIVE, AND FOREVER DISCHARGE Variety – The Children’s Charity (Ontario), Variety Village, all other organizations, associations, companies associated with any of the programs offered by Variety Village, and their respective agents, employees, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns OF AND FROM ALL claims, demands, damages, costs and actions whatsoever and howsoever caused, arising or to arise by reason of my participation the program, activity, event or any of its associated activities."

"I also hereby give permission to Variety-The Children’s Charity (Ontario), Variety Village, and all other associated organizations, associations and companies for the unrestricted right to take, use and publish my photograph, image and likeness in publications, promotional materials, website, video broadcasts, and any other communication vehicles, including electronic forms, at their discretion. Further, Variety-The Children’s Charity, Variety Village and all other associated organizations, associations and companies shall have complete ownership of the photographs and images as they deem appropriate for purposes including, but not limited to, the promotion or illustration of their programs and activities. I release Variety-the Children’s Charity, Variety Village and all other associated organizations, associations and companies and all of their directors, officers, employees and agents from liability claims and costs of whatever kind occurring in connection with being photographed and/or video taped or from the use of the images obtained therefrom."

"I also recognize that membership is a contract between myself and the named person(s) for whom I am in law responsible and Variety - The Children's Charity, Variety Village and all other associated organizations, associations and companies. I, for myself and for the named person(s) for whom I am in law responsible agree to pay the full term of the contract."

I understand and agree to all of the above terms and conditions:

Print Name \_\_\_\_\_

Signature Parent or Guardian if under 18) \_\_\_\_\_

**Please note:**

All information shared with Variety is treated with the strictest confidence in adherence with the Personal information Protection & Electronic Documents Act

Applicants may be requested to respond to inquiries from a representative of Variety Village

Please review all terms and conditions of membership before applying

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