



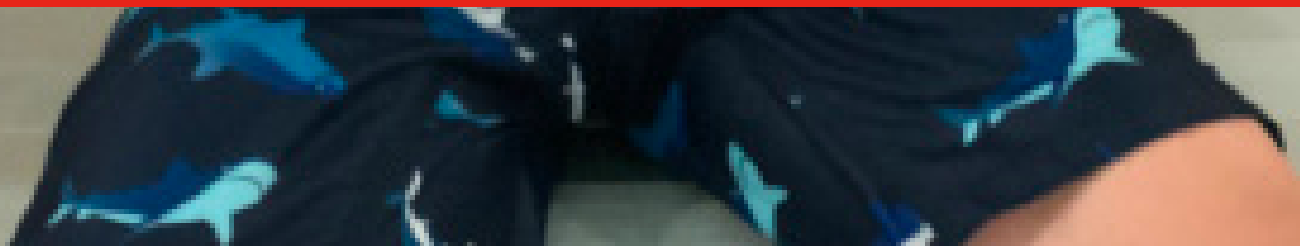
Persons w/ Disabilities
REGISTRATION ONLY

APRIL 14



Program Guide

Spring 2021 | Register online now for programs!



Registration



Persons w/ Disabilities
REGISTRATION ONLY

| APR 14

Member Update

Beginning Saturday, April 3, Ontario has entered a temporary lockdown for 28 days. We will continue offering booking times for our members with disabilities for therapeutic needs only. For more information, please visit our website: varietyvillage.ca/covid-19-updates/

Safe Reopening of Programs

Variety is ready to welcome you back. Following our safe reopening plans, we ask that all participants follow and respect important guidelines for the health and safety of our community. We appreciate your patience and cooperation as we are all in this together.

What you need to know

The provincial guidelines have allowed people with disabilities to continue to access our facility and programs for therapy and rehab. We have also included programs and classes that will be available when we are able to operate under the government regulations. Use this quick - guide as a reference for program selection.

Please note:

Our staff is using the current information and guidelines from Provincial agencies for program activities. As COVID-19 is unpredictable, we will continue to be adaptable.

Programs may need to be changed, moved or cancelled as the pandemic and associated measures evolve. We ask that you be patient and understanding if changes need to be made through the course of the upcoming season.

Payments will be processed on the first week of programs.




MORE INFORMATION

In order to ensure you have the most accurate and up to date information on our programs and services we encourage you to visit our website to view details, as changes to programs and times might take place.

For registration information contact:

Alyssa Forrester
Community Based Program Coordinator
aforrester@varietyontario.ca

Connect

-  Facebook: @VarietyOntario
-  Instagram: @VarietyOntario
-  Twitter: @Variety_Ontario

VISIT OUR WEBSITE! varietyvillage.ca | varietyontario.ca

Specialty Programs

Building Blocks

Participants learn effective means of communicating through play with peers and developing the skills to assist them with their interactions in the classroom and the playground. Each week we focus on the skills relating to certain themes (making friends, personal space, teamwork, sharing etc.) We involve interactive games, new activities and opportunities to interact with peers on various levels, depending on the participant's ability.

For more information about registration and intake processes please contact Alyssa Forrester at aforrester@varietyontario.ca or 416 699 7167 extension 268

Saturday	11:00am-12:30pm	Ages: 4-12	\$175
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Sport & Social

Sport & Social is a program for adults with disabilities designed to provide a social outlet through a variety of activities. Examples includes gym, crafts and group outings presented in a social atmosphere.

BARCODE

25077	Saturday	11:00am-1:30pm	Ages: 14+	\$100
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Wicked Wednesday

This respite program gives participants the opportunity to swim, enjoy activities in the fieldhouse and participate in other activities in a social and welcoming atmosphere. Dinner is included.

BARCODE

25073	Wednesday	3:00-8:00pm	Ages: 16+	\$300
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Individual Programs

One on One Reading

Participants' reading abilities and comprehension skills are improved through reflection continuous practice. One on One reading classes provide a comfortable reading environment to develop strength in making inferences, predictions and comparisons.

BARCODE				
25065	Wednesday	5:30 – 6:00pm	Ages: All Ages	\$100
25066	Wednesday	6:00 – 6:30pm	Ages: All Ages	\$100
25067	Wednesday	6:30 – 7:00pm	Ages: All Ages	\$100
25068	Wednesday	7:00 – 7:30pm	Ages: All Ages	\$100
25069	Wednesday	7:30 – 8:00pm	Ages: All Ages	\$100

After School Program

After School Program

Join us after school! This program gives grade school students opportunities to use after school time to be active and engaged. Participants will swim, and play other games and sports. Our enthusiastic, qualified staff ensure a fun, safe, and inclusive environment. Staff will greet participants in the lobby (transportation to be arranged by parents). All participants must be able to engage with the group in a 1:5 ratio. Participants can be dropped off to all community based programs such as Taekwondo, Multisport, Cardio Kids, and all Red Cross and One-on-One Conditioning programs.

SESSION DATE				
BARCODE Session		April 19 - June 25		
Mon-Fri	3:00-6:00pm	Ages: 4-21	M	NM
			\$20/day \$95/week	\$25/day \$120/week

For more information contact Matt Robitaille at mrobitaille@varietyontario.ca or call 416 699 7167 ext 254.

Learn to Play Programs

Children in Motion Level 1/2

The Children in Motion program is designed to focus on the fundamentals of games and activities in a non-competitive environment. This program also works to prepare children to participate successfully and independently in programs.

BARCODE

25075	Saturday	10:00-10:45am	Ages: 3-12	\$45
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Children in Motion Level 2/3

Challenging skills and new concepts are introduced. The emphasis is on individual motor skill development and fitness. This class reinforces skills learned in Level 1 such as listening and following instructions. Participants will also focus on fine and gross motor skills. Advanced skills are developed through fun and interactive games. Skill development games are played with an emphasis on teamwork and fitness.

BARCODE

25082	Saturday	10:00-10:45am	Ages: 3-12	\$45
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Cardio Kids

Let's get active! Parents enjoy our cardio programs... now the kids can too! This active class consists of structured play and interactive games promoting team building, self-confidence, fitness and fun.

BARCODE

25070	Monday	6:00 – 6:50pm	Ages: 3-7	FREE
25071	Monday	6:00 – 6:50pm	Ages: 3-7	FREE

Fundamental Programs

Variety's Multi-sport program is an introduction to a range of sports and social skills that foster confidence. Highlighting five fieldhouse sports teams; track & field, weightlifting, wheelchair basketball, Taekwondo and boccia, children are introduced to fundamentals of each sport, with focus on agility, balance and coordination.

Multi-sport 1/2

Multi-sport Level 1 is designed to introduce children to simple skills development including running, jumping and throwing to build confidence in a non-competitive environment. Children have the opportunity to use pieces of equipment that support skills development.

Children in Multi-sport Level 2 continue to build confidence while learning advanced skill sets in an environment that is encouraging and inclusive. By the end of this level children should be showing interest in specific sports.

BARCODE

25072

Tuesday

6:00-7:00pm

Ages: 3-7

\$45

Multi-sport 2/3

Children in Multi-sport Level 2 continue to build confidence while learning advanced skill sets in an environment that is encouraging and inclusive. By the end of this level children should be showing interest in specific sports. Children in

Multi-sport Level 3 three have attained an interest in sport and have skill sets that reflect that interest. Children in Level 3 are invited to join grassroots sports teams of their choice and given the extra coaching support to transition to their chosen sport.

BARCODE

25084

Tuesday

6:00-7:00pm

Ages: 4-7

\$45

Kid Fit

Sometimes children seem ready to hit the gym but are considered too young. Not anymore! This fitness program will teach children how to work out properly and have FUN around the gym. This program builds a foundation for participants' future in fitness.

BARCODE

25074

Thursday

6:00-7:00pm

Ages: 8-13

\$45

Aquatics Individual Instruction

One-on-One Conditioning Aquatics: Persons with a Disability

One-on-One Conditioning classes are a great way to learn and improve your swimming, fitness, flexibility and mobility skills. The lessons are 30 minutes long and held at the appropriate depth and are tailored to the swimmer's individual needs.

BARCODE			
25189	Monday	5:05 – 5:35pm	\$115
26153	Monday	5:05 – 5:35pm	\$115
25190	Monday	5:40 – 6:10pm	\$115
26154	Monday	5:40 – 6:10pm	\$115
25192	Monday	6:15 – 6:45pm	\$115
26155	Monday	6:15 – 6:45pm	\$115
25191	Monday	6:50 – 7:20pm	\$115
26156	Monday	6:50 – 7:20pm	\$115
25195	Monday	7:25 – 7:55pm	\$115
26156	Monday	7:25 – 7:55pm	\$115
25197	Tuesday	5:05 – 5:35pm	\$115
26157	Tuesday	5:05 – 5:35pm	\$115
25199	Tuesday	5:40 – 6:10pm	\$115
26158	Tuesday	5:40 – 6:10pm	\$115
25200	Tuesday	6:15 – 6:45pm	\$115
26160	Tuesday	6:15 – 6:45pm	\$115
25202	Tuesday	6:50 – 7:20pm	\$115
26161	Tuesday	6:50 – 7:20pm	\$115
25203	Tuesday	7:25 – 7:55pm	\$115
26162	Tuesday	7:25 – 7:55pm	\$115
25206	Wednesday	5:05 – 5:35pm	\$115
26163	Wednesday	5:05 – 5:35pm	\$115
25207	Wednesday	5:40 – 6:10pm	\$115
26164	Wednesday	5:40 – 6:10pm	\$115
25209	Wednesday	6:15 – 6:45pm	\$115
26165	Wednesday	6:15 – 6:45pm	\$115
25211	Wednesday	6:50 – 7:20pm	\$115
26166	Wednesday	6:50 – 7:20pm	\$115
25212	Wednesday	7:25 – 7:55pm	\$115
26167	Wednesday	7:25 – 7:55pm	\$115
25215	Thursday	5:05 – 5:35pm	\$115

BARCODE			
26168	Thursday	5:05 – 5:35pm	\$115
25219	Thursday	5:40 – 6:10pm	\$115
26169	Thursday	5:40 – 6:10pm	\$115
25218	Thursday	6:15 – 6:45pm	\$115
26170	Thursday	6:15 – 6:45pm	\$115
25222	Thursday	6:50 – 7:20pm	\$115
26171	Thursday	6:50 – 7:20pm	\$115
25221	Thursday	7:25 – 7:55pm	\$115
26172	Thursday	7:25 – 7:55pm	\$115
25227	Saturday	9:00 – 9:30am	\$115
26173	Saturday	9:00 – 9:30am	\$115
25228	Saturday	9:35 – 10:05am	\$115
26174	Saturday	9:35 – 10:05am	\$115
25229	Saturday	10:10 – 10:40am	\$115
26175	Saturday	10:10 – 10:40am	\$115
25231	Saturday	10:45 – 11:15am	\$115
26176	Saturday	10:45 – 11:15am	\$115
25232	Saturday	11:20 – 11:50am	\$115
26177	Saturday	11:20 – 11:50am	\$115
25234	Saturday	11:55 – 12:25am	\$115
26178	Saturday	11:55 – 12:25am	\$115
25236	Saturday	12:30 – 1:00pm	\$115
26179	Saturday	12:30 – 1:00pm	\$115
25239	Sunday	9:00 – 9:30am	\$115
26180	Sunday	9:00 – 9:30am	\$115
25240	Sunday	9:35 – 10:05am	\$115
26181	Sunday	9:35 – 10:05am	\$115
25241	Sunday	10:10 – 10:40am	\$115
26182	Sunday	10:10 – 10:40am	\$115
25242	Sunday	10:45 – 11:15am	\$115
26183	Sunday	10:45 – 11:15am	\$115
25243	Sunday	11:20 – 11:50am	\$115
26184	Sunday	11:20 – 11:50am	\$115
25244	Sunday	11:55 – 12:25am	\$115
26185	Sunday	11:55 – 12:25am	\$115
25245	Sunday	12:30 – 1:00pm	\$115
26186	Sunday	12:30 – 1:00pm	\$115

Camps

Variety is pleased to offer several camps to children of all abilities including March Break Camp, Holiday Camps and Kid Development Day Camps (camps that fall on days that are PA/PD days within the Toronto Board) as well as summer camp for ages 4 to 20+. Please check out our camper toolbox on our website for more information and resources to help your child have a successful day at camp.

CAMP HOURS & WEEKS

CAMPS	HOURS
General Camps	9:00am-4:00pm
Sport and Social	1:00-8:00pm
Extended Hours /Aftercare	8:00am-5:00pm

WEEK	DATES
Week 1	July 5 - 9, 2021
Week 2	July 12 - 16, 2021
Week 3	July 19 - 23, 2021
Week 4	July 26 - July 30, 2021
Week 5	August 3 - 6, 2021*
Week 6	August 9 - 13, 2021
Week 7	August 16 - 20, 2021
Week 8	August 23 - 27, 2021

*Short week due to holiday. Prices are prorated.

EXTENDED HOURS / AFTER CARE

No need to rush to drop off or pick up the kids, extended hours are included in the camp day!

- Drop off is from 8:00am-9:00am
- Pick up is from 4:00pm-5:00pm

PARENT MEET & GREET:

TUESDAY, JUNE 29, 2021 6:00-7:00PM

Come meet our Head Instructors! You can ask questions about programming, share information about your child and get to know the staff who will be looking after them.

CAMP REFUND POLICY

Refunds for camps will be made if requested in writing, by fax or by email according to the schedule in the chart below. Credit can be obtained for the amount of the refund (less \$25 admin. fee) towards another program, if guidelines below are met. Refunds on credit cards or in the form of a personal cheque are subject to the administrative fee (per camp session/child) deducted from the total amount. Refunds in the form of a personal cheque may take up to 6 weeks for processing. We reserve the right to grant exceptions to the stated policy in situations limited to illness.

TIME OF REQUEST	REFUND/CREDIT	FEE
At least 15 days before start of the camp	100%	\$25.00
7 - 14 days before start of the camp	75%	\$25.00
Less than 7 days before start of the camp	50%	\$25.00
After the start of camp	NO REFUNDS	

REGISTRATION INFORMATION

Please submit payment in person or by mail to:
 Matt Robitaille
 Camp Coordinator
 Phone (416) 699-7167 extension 254
 mrobitaille@varietyontario.ca

LEVEL 1

In level 1 camps, the ratio of staff to campers is 1:3. Inquiries for 1:1 support can be made to the support supervisor at varietycamps@varietyvillage.on.ca. Prices are for a one week session unless specified otherwise.

Building Blocks

Looking for a great way to transition your child into summer activities? Or transition back into a school routine? Building blocks camp is the perfect program. Participants learn effective means of communicating through play with peers and develop the skills to assist them with their interactions in the classroom and the playground. Each day we will focus on the skills relating to certain themes (i.e. making friends, personal space, teamwork, etc.). We will play interactive games and introduce new activities and opportunities to interact with peers on various levels, depending on the participant's ability.

CAMP	DAYS	WEEKS	AGE	M	NM
Building Blocks	Mon-Fri	2, 8	6 - 10	\$310	\$360

LEVEL 2

In level 2 camps, the ratio of staff to campers is 1:5. Inquiries for 1:1 support can be made to the support supervisor at varietycamps@varietyontario.ca. Prices are for a one week session unless specified otherwise.

Multi-Sport Camp

All of our Multi-sport Camps are groups for all abilities and skill levels, campers will enjoy activities such as a daily swim, playing on our obstacle course, games, sports, and so much more!

Jr. Bantam

This camp focuses on our level 1 & 2 Children in Motion curriculum. Instructors will introduce elementary sport skills such as running, jumping, climbing, and balance. Camp games and sports will also focus on camper interaction, cooperation and following directions. After lunch, campers will also have time to wind down with arts, crafts, stories and more.

Sr. Bantam

This camp focuses on our level 3 Children in Motion curriculum. Campers will be exposed to advanced programming and will be encouraged to participate in more team-based activities. Instructors will take on more of a "coaching role" which will differ from the "facilitator role" offered in Jr. Bantam. Part of our advanced programming includes being out in the community twice a week, this may or may not include the use of public transportation.

Intermediate

This camp focuses on our Multi-Sport curriculum. Instructors will introduce the fundamentals of a variety of popular sports and adapted sports such as basketball, soccer, volleyball, wheelchair basketball, and hockey. Camp games and sports will also focus on teamwork, sportsmanship, agility, and coordination.

Junior & Senior

Junior & Senior camps are geared towards campers with a disability at any skill level. These camps focus on different ways to be active for life. Campers will have the chance to play a variety of sports, including adapted sports, as well as fitness activities such as dance fitness, yoga, chair fitness, and aqua-fit. Campers will also have daily social skills groups that focus on topics such as communication, personal space, relationships, etc.

SUMMER CAMP	DAYS	WEEKS	AGE	M	NM
Jr. Bantam	Mon-Fri	1 - 8	4-5	\$230	\$280
Sr. Bantam	Mon-Fri	1 - 8	6-7	\$235	\$285
Intermediate	Mon-Fri	1 - 8	8-10	\$230	\$280
Junior	Mon-Fri	1 - 8	11-13	\$230	\$280
Senior	Mon-Fri	1 - 8	14+	\$230	\$280

Sport & Social Camp

Sport & Social is a group for campers with a disability. Much like our Multi-Sport Camps, this camp focuses on different ways to be active for life. Campers will have the chance to play a variety of sports, including adapted sports. In addition campers will engage in fitness activities, such as dance fitness, yoga, chair fitness, and aqua-fit. Campers will also have daily social skills groups that focus on topics such as communication, personal space, relationships, etc. This camp runs from 1-8pm and includes a daily swim and dinner, which campers will help prepare.

CAMP	DAYS	WEEKS	AGE	M	NM
Sport & Social	Mon-Fri	1 - 8	14+	\$260	\$310

SWIM CAMPS

Minnows

Minnows swim camp is for our preschool level swimmers who are looking to develop their skills and confidence in the water. Campers will have 45 mins of Red Cross instruction each day, and a mix of dry land sports and activities when they are not in the pool. Please note - the pricing for Minnow Swim Camp is for a two week session. There are three, 2-week sessions available - see the table below. Campers can be registered for a maximum of two sessions (four weeks).

Swim Camp (Levels 1-10)

Swim camp is a group for levels 1-10 and for swimmers of all abilities. This group is a great way for campers to work on their skills and earn their Red Cross swim levels. The day is broken up into instructional swimming, free swim, and a mix of dry land sports and activities. Campers can be registered for a maximum of four weeks.

Red Cross Level 6-10

During even weeks, a certain number of spots are reserved for campers in Red Cross levels 6-10. Designating certain weeks for upper level swimmers ensures there will be a group of peers with the same skill level during their time at camp. Upper level swimmers are welcome any week of the summer, however they are encouraged to take advantage of these reserved spots.

CAMP	DAYS	WEEKS	AGE	M	NM
Minnows	Mon-Fri	2 & 3, 5 & 6, 7 & 8	4-5	\$495	\$595
Swim	Mon-Fri	1 - 8	6+	\$275	\$325
Level 6-10	Mon-Fri	2, 4, 6, 8,	Levels: 6+	\$275	\$325

Rockwall

Rockwall camp is a group for all abilities and skill levels. Basic elements of rock climbing, including terminology, safety, and rock climbing techniques will be covered during the week. Kids will have the chance to master our rockwall, as well as participate in outings to climbing gyms in the community. Other activities include swimming, sports, and games within the facility. This camp is the perfect opportunity to challenge kids, build self-esteem and have tons of fun!

CAMP	DAYS	WEEKS	AGE	M	NM
Rockwall	Mon-Fri	1,3,5,7	6+	\$280	\$330

ARTS CAMPS

Dance

Dance camp is a group for all abilities and skill levels. This camp is the perfect opportunity to introduce your child to the basic elements and principles of dance, including ballet, jazz, and hip-hop. The camp will culminate in a dance show performed for parents & staff on Friday at 4:15pm on court 3.

Art

Campers of all abilities and skill levels will focus on painting, illustration, music, and crafts. This camp encourages campers to be creative while learning about mediums, techniques and applications.

Drama

Campers of all abilities and skill levels will learn the fundamentals of drama in this week long program. Instructors will introduce elements such as character, plot formation and improvisation. Campers will also learn behind the scenes techniques to prepare for the show. The camp will culminate in a drama performance for parents & staff on Friday at 4:15pm in the Barall Theatre.

Music

Music camp is geared towards beginners who want to take their first steps towards playing guitar! By the end of the week campers will have learned open chords, transitions, scales and some basic music theory. In addition they will be singing and learning new songs. Participants are asked to bring their own guitar – if they cannot bring a guitar please touch base with the camp coordinator before registering.

CAMP	DAYS	WEEKS	AGE	M	NM
Dance	Mon-Fri	2, 4	6+	\$250	\$300
Art	Mon-Fri	1, 6	6+	\$250	\$300
Drama	Mon-Fri	6	10+	\$250	\$300
Music <i>*NEW*</i>	Tue-Fri	5	6-11	\$215	\$255

NEW!

Jr. Engineers

This is a great choice for kids who love to build, take apart and create! Campers will get the opportunity to take part in activities that will help them understand the engineering basics in the world around them. Topics such as mechanical, chemical and civil engineering will be brought to life through play and experiments. Campers will also get the opportunity to play games, sports and use the obstacle course!

CAMP	DAYS	WEEKS	AGE	M	NM
Jr. Engineers	Mon-Fri	3,7	6-11	\$280	\$330

Coding Camp

Looking for a great camp experience and to develop programming skills too? Variety is pleased to offer its very own coding camp! Taught by our experienced staff, kids will learn the basics of HTML, CSS and how to build their own website with WordPress. Participants will need to bring their own PC or Mac laptop that is compatible with WordPress.

CAMP	DAYS	WEEKS	AGE	M	NM
Coding	Mon-Fri	1	6-11	\$290	\$340

LEVEL 3

In level 3 camps, the ratio of staff to campers is 1:7. Prices are for a one week unless specified otherwise.

Camp Extreme

This popular camp for children of all abilities includes high energy activities and games. Campers will get the chance to try our rockwall, go on outdoor adventures, and swim Monday and Friday. This camp goes on excursions to places of interest around the city Tuesday through Thursday.

CAMP	DAYS	WEEKS	AGE	M	NM
Extreme	Mon-Fri	1- 8	9-13	\$280	\$330

Adventure Camp

In this camp, children experience the great outdoors like never before. Activities include hiking, survival skills, building forts, and playing games to help campers explore nature. Campers will be outside everyday regardless of weather, so please dress them accordingly! This camp is the perfect opportunity to challenge kids, build self-esteem and have tons of fun!

CAMP	DAYS	WEEKS	AGE	M	NM
Adventure	Mon-Fri	1,3,5,7	9-12	\$260	\$310
Mini Adventurers	Mon-Fri	2,4,6,8	6-8	\$260	\$310

Sport Specialty Camps

This popular camp is for children of all abilities and skill levels. Each week, campers have an initial assessment and a final assessment. Progress reports go home detailing the skills they have mastered over the course of the week, as well as areas for improvement. This camp goes on excursions relating to that week's sport or to places of interest around the city on Tuesday & Thursday.

CAMP	DAYS	WEEKS	AGE	M	NM
Soccer	Mon-Fri	2	6+	\$250	\$300
Hockey	Mon-Fri	4	6+	\$250	\$300
Baseball	Mon-Fri	6	6+	\$250	\$300
Basketball	Mon-Fri	8	6+	\$250	\$300

Mountain Bike Camp

This camp will focus on the fundamentals of riding trails and negotiating technical sections of the trail. There is instruction in basic bike maintenance, trail and riding etiquette and trail sustainability. There are regular excursions to trails around the east end of the city. Children interested in the camp must have a bicycle in good working condition, an approved helmet and be able to ride up 30km in a day.

Intermediate Mountain Biking

Participants must have successfully completed a previous week of Mountain Bike Camp with Variety Village. This advanced program will expand on the fundamentals covered in the introductory course. Participants should also be prepared to take on longer, more advanced trails throughout the week.

CAMP	DAYS	WEEKS	AGE	M	NM
Mountain Bike	Mon-Fri	3	9 - 13	\$250	\$300
Intermediate	Tue-Fri	5	9 - 13	\$250	\$300

VVAC CAMPS

Taekwondo (TKD)

Discover the dynamic sport and popular martial art of Taekwondo. Our summer camp supports the recreational and performance stream of the sport. TKD camps are for children of all abilities and skill levels.

For more information please contact Coach Rommel Cabanatan at rommel.cabanatan@gmail.com.

CAMP	DAYS	WEEKS	AGE	M	NM
TKD	Mon-Fri	1,3,5,7,8	6+	\$250	\$300

Track and Field

Whether you're new to Track & Field or looking to improve, this program is geared to teach the fundamental and technical development needed to maximize athleticism and participation! The fundamentals and biomechanics of body positioning, stride, proper stretching, and cool-down techniques as well as sprints, hurdles, jumping and throwing are all covered in this unique program. This fun filled day will feature a half day of track and field and half day of pool and various game play opportunities to maximize fitness! Participants will put it all together for one fun-filled day at the end of the week at a track meet! Space is limited so sign up fast!

For more information please contact Coach Jamal Miller at jmiller@varietyontario.ca

CAMP	DAYS	WEEKS	AGE	M	NM
Track	Mon-Fri	3,5	6-14	\$250	\$300

Weightlifting

This is the ideal camp for someone looking for strength training and an introduction to Olympic Weightlifting. It's also an excellent opportunity for young athletes already training in a specific sport who are looking to increase overall athletic performance and self-confidence.

For more information, contact coach Abdallah Alsebaai at aalsebaai@varietyontario.ca

CAMP	DAYS	WEEKS	AGE	M	NM
Weightlifting	Mon-Fri	4,6	12-17	\$300	\$350



Variety – the Children’s Charity of Ontario

is a charitable organization, a unique community that transforms lives through inclusive physical activity and education for every phase of life.

A community-supported organization providing access to all Ontarians

Along with donations raised through various campaigns, fees for programs, services, admissions and memberships are invested right back into the organization to help maintain facilities, deliver programs, and provide fee assistance to those in need.

A dedicated community delivering gym, swim, leadership and needs-driven programming

Our Variety Toronto facility offers need-driven programs that respond to the social and emotional needs of the community. Increasing our ability to provide accessible programming to children with disabilities in communities across Ontario is our goal.

Variety’s programming breaks down barriers for children and their families and provides opportunities for all children to play.

A place to connect, belong, grow and thrive

Families joining Variety demonstrate their commitment to activity and the importance of exercise on a daily basis. Alongside programs available for parents, we offer recreational and aquatics programs for children that create new connections, foster fundamental movement skills and teach basic sport skills. Our goal is to promote physical activity in an environment that is inclusive and accepting.

We acknowledge that Variety: the Children’s Charity of Ontario is situated on the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit and Métis peoples. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands.